



# Cathedral of the Risen Christ School

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## Triennial assessment results 2026

### Meet our team

- Angela Miller, Principal
- Erica Brannen, Lunch Coordinator
- Kellie Vajgrt, Physical Education
- Jeanette Lupori, Lunchroom Coordinator

### Policy compliance results

Our Wellness Policy strengths are:

- USDA standards are included in the policy and a working link to the USDA website is provided.
- The need for policy revisions is assessed and completed at yearly intervals.
- Local foods will be purchased and promoted.

Opportunities for Improvement:

- Work on inviting parents, students and staff to join the Wellness Committee.
- Inviting speakers on early out days to educate about various health topics.

### Wellness policy goals

1. Nutrition education/promotion: To have written information available for students about the lunch being served.
2. Physical activity: Create a 5-point rubric so each student knows how they are doing in Physical Education.
3. Other goals for student well-being: Develop a social skills instruction based on our school dignity pledge with social/emotional support.

We send monthly menus home with the students. The menu is also posted on our website and News from the Nest features a weekly menu. The 5-point rubric is used in grading for Physical Education. And we have monthly Dignity Award winners, students who demonstrate virtues from our Dignity Pledge.

## **Key achievements**

1. This year the whole school began a no food treats for birthdays.
2. Our school participated in the "Crunch Off", a Farm to School program that encourages students to try local fruits and vegetables. This year students tried apples from local orchards.
3. Wellness Night was a fun evening at CRC. We had booths from local farms and community programs such as; Robinette Farms, Nebraska NRD, Lancaster County Extension Office, Cathedral Student Leadership Team and many more.

## **Next Steps**

Our next steps are to continue updating our Wellness Policy by reviewing current policies and identifying areas that need change. We will be inviting parents, students and staff to join our Wellness Committee.

There are plans to invite speakers for early dismissal days to speak to students about health and whole-body wellness topics.

We will continue to have non -food birthday treats for classrooms. And offer healthy Smart Snack items for class parties.

Students will continue to learn social skills based off of Cathedral's Dignity Pledge.